

School Lunch Menu 2021-2022

WEEK 1

Monday

Spaghetti Bolognese

Traditional spaghetti with a rich meaty tomato sauce

Side: Garlic bread, Seasonal vegetables

Dessert: Yoghurt or fresh fruit

A selection of seasonal fresh fruits

Fresh creamy yoghurt in a variety of flavours

Tuesday

Traditional Roast Dinner

A tender and rich succulent roast chicken with roast potatoes, seasonal vegetables, Yorkshire pudding and gravy

Dessert: Crème Caramel

A classic French dessert consisting of a custard topping with caramelised brown sugar

Wednesday

Chicken and Broccoli pasta bake

Creamy pasta with cubed chicken and broccoli topped with grilled cheese and golden-brown breadcrumbs

Side: Garlic bread, Seasonal vegetables

Dessert: Cream berry waffle

Soft toasted waffle served with fresh seasonal berries and the choice of chocolate drizzle

Thursday

Jacket potato

Fresh oven baked whole potato topped with beans and cheese

Side: Seasonal vegetables

Dessert: Custard Jam tart

A traditional jam tart served with sweet creamy custard

Friday

Filet-O-Fish

A soft bun with breaded fish fillet, melted cheese and an option of tartar sauce

Side: Chips, Seasonal vegetables

Dessert: Ice Cream Sundae

Ice cream with fresh whipped cream, fruits and sauces with sprinkled hundreds and thousands topping



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WEEK 2

Monday

Chicken Biryani

A one pot meal of mildly spiced chicken and rice full of rich intense flavours

Side: Samosa, Cucumber, Raita

Dessert: Fruit jelly

A selection of seasonal fresh fruits and flavoured jelly

Tuesday

Tuna Pasta Bake or Vegetable Pasta Bake

Creamy pasta, tuna and sweetcorn topped with grilled cheese and golden-brown breadcrumbs.

Creamy pasta, mixed vegetables oven bake topped with grilled cheese and golden-brown breadcrumbs

Side: Garlic bread, seasonal vegetables

Dessert: Chocolate pudding

A thick creamy chocolate dish

Wednesday

Butter chicken and Paratha

A traditional favourite, mild creamy chicken curry with fluffy paratha

Side: Cucumber, Raita

Dessert: Yoghurt or fresh fruit

A selection of seasonal fresh fruits

Fresh creamy yoghurt in a variety of flavours

Thursday

Pizza

A traditional oven baked cheese and tomato Italian pizza

Side: Potato salad / Sweet corn / Baked beans

Dessert: Pancake

Light fluffy pancakes topped with fresh seasonal fruit or a choice of sauces including honey, golden syrup or chocolate sauce

Friday

Chicken wrap

Succulent boneless chicken coated with crispy bread in a tortilla wrap

Side: Potato wedges, seasonal vegetables

Dessert: School cake and custard

A classic sponge cake served with creamy custard



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WEEK 3

Monday

Mexican Chicken and Rice

A traditional Mexican dish consisting of cubed chicken cooked with a variety of mildly seasoned vegetables served with rice

Dessert: Angel delight

A fluffy strawberry pudding with fruit

Tuesday

Chinese Vegetable Noodles

Chinese flavoured noodles stir fried in a wok with vegetables topped with a curry sauce

Side: Spring rolls and prawn crackers

Dessert: Chocolate brownie

A dense rich chocolate cake baked crispy on the outside and soft and delicious from the inside

Wednesday

Chicken Curry

A mild rich chicken curry served with rice, a family favourite

Side: Samosa, Cucumber, Raita

Dessert: Fruit salad

A combination of mixed fruits diced and infused giving an explosion of fresh flavours

Thursday

Cheese Burger

A classic beef burger with melted cheese

Side: Chips, Seasonal vegetables

Dessert: Flap jack and custard

A mixture of butter, oats and honey baked and served in slices with the option of custard

Friday

Fish fingers, Chips, Beans

An all-time school favourite, no explanation needed

Side: Seasonal vegetables

Dessert: Cupcakes

A selection of light fluffy cupcakes dressed in a variety of dressings to choose from

